

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village-Transitional Youth from General Secure Care-Choice Theory Group
Cohort Total: 17 SPEP ID: 99-T01
Selected Timeframe: Jan. 1, 2014-Jun. 30, 2015
Date(s) of Interview(s): Jan. 6, 2016, May 4, 2016
Lead County & SPEP Team Representatives: Doug Braden, Allegheny Co. & Shawn Peck, EPISCenter
Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: General Secure Care/Male and Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug and Alcohol Group Home/Male; Intensive Supervision Group Homes/ Male and Female (inclusive of a specialty unit with a mental health focus/Female; and Shelter/Male and Female. Treatment is individualized, designed to address a number of criminogenic risk factors, inclusive of anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi Village's philosophy is that the cycle of degeneration can be altered in favor of positive growth and success through applying the beliefs and principles of brotherly concern coupled with proven modalities.

Youth are placed by the courts within one of Adelphoi Village's General Secure Care programs at varied stages of court involvement. This may be the initial out of home placement for a youth or placement here may be upon the court transitioning a youth already in placement to a more restrictive level of care. The average length of stay varies across Adelphoi Village's different program types. The average length of stay for a youth within one of Adelphoi Village's General Secure Care programs falls within the 5 to 6-month range.

All youth in this program receive Choice Theory Group (CTG). The curriculum lasts for eighteen weeks with a total of eight lesson plans. The first lesson lasts for four weeks and the next seven sessions occur twice a week. Each session is delivered by agency staff with a facilitator and an observer, whom completes a Fidelity Form to provide the facilitator with feedback. The curriculum incorporates several components in order to assist the youth in learning the concepts. Each CTG session begins with a Community Meeting explaining the goals of the group along with the non-negotiable expectations for the youth. Each participating youth receives homework, journal activities, and a contingency/behavioral contract that includes a conflict resolution plan. CTG includes a mentoring component that requires each participant to help or mentor another group member implement the steps of conflict resolution throughout his or her program. When each participant demonstrates this ability, it will be discussed during a CTG meeting and documented on a tracker.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Cognitive-behavior Therapy

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 35

Total Points Earned: 35 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 10

Points received for Dosage or Number of Hours: 10

Total Points Earned: 20 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

14/14 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

7/14 youth in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Earned: 25 Total Points Possible: 25

Basic SPEP™ Score: 100 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 100% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and [Performance Improvement](#)

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Choice Theory Group (CTG) scored a 100% Program Optimization Percentage. It is classified as a Group 5 service; Cognitive-Behavioral Therapy with no qualifying supplemental service. The quality of the service was found to be at a High level. The amount of service provided to the clients was 100% of the recommended targeted weeks of duration and 100% of the recommended target contact hours for this service type. The risk levels of youth admitted to the program were 0% as low risk, 50% as moderate risk and 50% as high risk. Due to the high quality of service delivery, there are no identified recommendations for performance improvement

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment

Name of Program and Service: Adelphoi Village-Transitional Youth from Secure to Intensive Supervision Male & Female Group Homes-Choice Theory Group (CTG)
Cohort Total: 19/18 SPEP ID: 99-T02
Selected Timeframe: Jul. 1, 2015 - Jul. 1 2017
Date(s) of Interview(s): Jun. 23, 2017 & Jul. 20, 2017
Lead County & SPEP Team Representatives: Bill Holt, Allegheny County & Shawn Peck, EPISCenter
Person Preparing Report: Bill Shultz & Shawn Peck

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: General Secure Care/Male and Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug and Alcohol Group Home/Male; Intensive Supervision Group Homes/Male and Female (inclusive of a specialty unit with a mental health focus/Female); and Shelter/Male and Female. Treatment is individualized and is designed to address a number of criminogenic risk factors, inclusive of anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi Village's philosophy is that the cycle of degeneration can be altered in favor of positive growth and success through applying the beliefs and principles of brotherly concern coupled with proven modalities. Youth are placed by the courts within one of Adelphoi Village's General Secure Care and Intensive Supervision Group Homes at varied stages of court involvement. This may be the initial out-of-home placement for a youth or may be upon the court transitioning a youth already in placement, within a more restrictive level of care, to a less restrictive level of care. The average length of stay varies across Adelphoi Village's different program types. All youth in this program receive Choice Theory Group (CTG). The curriculum lasts for eighteen sessions over 11 weeks with a total of eight lesson plans. The first lesson lasts for four weeks with one session each week. The sessions for the last seven weeks occur twice each week. Each session is delivered by an agency facilitator and an observer, whom completes a Fidelity Checklist to provide the facilitator with feedback. The curriculum incorporates several components in order to assist the youth in learning the concepts. Each CTG session begins with a Community Meeting explaining the goals of the group along with the non-negotiable expectations for the youth. Each participating youth receives homework, journal activities, and a contingency/behavioral contract that includes a conflict resolution plan. CTG includes a mentoring component that requires each participant to help or mentor another group member implement the steps of conflict resolution throughout his or her program. When each participant demonstrates this ability, it will be discussed during a CTG meeting and documented on a tracker. All participants are expected to complete a contingency contract focusing on conflict resolution and ways to decrease conflict. These contracts can begin any time during the curriculum but must be successfully earned by the completion of the curriculum.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Cognitive-behavior Therapy

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 35

Total Points Earned: 35 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 10

Points received for Dosage or Number of Hours: 10

Total Points Earned: 20 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

18 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

5 youth in the cohort are High or Very High YLS Risk Level for a total of 8 points

Total Points Earned: 20 Total Points Possible: 25

Basic SPEP™ Score: 95 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 95% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and [Performance Improvement](#)

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Choice Theory Group (CTG) scored a 95 for the Basic Score and a 95% Program Optimization Percentage. It is classified as a Group 5 service; Cognitive-Behavioral Therapy (CBT) service type with no qualifying supplemental service. The quality of the service was found to be at a High level. For amount of service, 100% of the youth received the recommended targeted weeks of duration and 100% of the youth received the recommended targeted contact hours for this service type. The risk levels of youth admitted to the program were 0% as low risk, 72% as moderate risk, and 28% as high risk. Due to the high quality of service delivery, there are no identified recommendations for performance improvement.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment 2

SPEP™ ID and Time: 0099-T03

Agency Name:	Adelphoi
Program Name:	Transitional Youth (General Secure to Intensive Supervision Male & Female Group Homes)
Service Name:	Choice Theory Group
Cohort Total:	13
Timeframe of Selected Cohort:	Began the service on or after 10/1/2018 and ended the service on or before 10/1/2020
Referral County(s):	Berks (2), Bucks (3), Dauphin (3), Delaware (1), Erie (1), Franklin (1), Lebanon (1), Mercer (1)
Date(s) of Interview(s):	Service Classification: 1/28/2021; Quality of Service Delivery: 3/16/2021
Lead County:	Allegheny
Probation Representative(s):	William Shultz, Placement Liaison, Allegheny County Juvenile Probation
EPIS Representative:	Shannon O'Lone, SPEP™ Implementation Specialist

Description of Service:

Headquartered in Latrobe, PA, Adelphoi has programs in over 30 counties, including residential group homes, foster and adoptive care, education services, and in-home treatment options. Adelphoi serves 1200 children, youth, and families each day. Each residential program is designed to meet the individualized needs of youth in placement. As treatment needs change, a unique continuum of care model allows youth to move from one program to another in a way that will ensure success. Education is provided on-site or through Adelphoi's Ketterer Charter School. Adelphoi encourages participation by the family in the youth's treatment and offers family visitation assistance.

Adelphoi provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: shelter, diagnostic, specialized independent living, intensive supervision, intensive supervision with a mental health focus, substance use, sex offender treatment, enhanced supervision, and secure care. Treatment is individualized and designed to address a number of criminogenic risk factors, including anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi's philosophy is the cycle of degeneration can be altered in favor of positive growth and success through application of the beliefs and principles of brotherly concern coupled with proven treatment modalities.

Secure Facilities provide locked, secure supervision to adjudicated delinquent male and female youth who have committed serious or chronic offenses, are aggressive runaway risks, or display other serious delinquent behaviors. Youth committed to this program have usually had prior contact with the court system and may have had several prior placements. Step-down into a less secure placement is available as the youth progresses. Adelphoi also offers Secure Care for high risk youth who have been adjudicated for sexually victimizing behavior, have a founded abuse allegation or self-admission of an offense.

Youth are placed by the courts within one of Adelphoi's General Secure Care Programs at varied stages of court involvement. This may be the initial out-of-home placement for a youth or may be upon the court transitioning a youth already in placement, within a more restrictive/secure level of care, to a less restrictive level of care. The average length of stay for a youth within one of Adelphoi's General Secure Care Programs falls within the 5- to 6-month range.

Youth originally placed at the General Secure Care Program have an opportunity to "step down" into one of Adelphoi's Intensive Supervision Group Homes. Intensive Supervision Group Homes provide community-style living to chronically delinquent or dependent male and female youth. The program offers community-based mental health services and medication management, as well as on-site psychiatric and psychological services. The average length of stay varies depending on the youth's treatment needs.

All youth in this program receive Choice Theory Group (CTG). The curriculum lasts for eighteen weeks with a total of eight lesson plans. The first lesson lasts for four weeks with one session each week. The sessions for the last seven weeks occur twice each week. Each session is delivered by agency facilitator and an observer, whom completes a Fidelity Checklist to provide the facilitator with feedback. The curriculum incorporates several components in order to assist the youth in learning the concepts. Each CTG session begins with a Community Meeting explaining the goals of the group along with the non-negotiable expectations for the youth. Each participating youth receives homework, journal activities, and a contingency/behavioral contract that includes a conflict resolution plan. CTG includes a mentoring component that requires each participant to help or mentor another group member implement the steps of conflict resolution throughout his or her program. When each participant demonstrates this ability, it will be discussed during a CTG meeting and documented on a tracker. All participants are expected to complete a contingency contract focusing on conflict resolution and ways to decrease conflict. These contracts can begin any time during the curriculum, but must be successfully earned by the completion of the curriculum.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Cognitive Behavioral Therapy

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service Type? There is no qualifying supplemental service

Was the supplemental service provided? No **Total Points Possible for this Service Type:** 30

Total Points Received: 35 **Total Points Possible:** 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training, staff supervision, and how drift from service delivery is addressed.

Total Points Received: 20 **Total Points Possible:** 20

3. Amount of Service: Score was derived by calculating the total number of weeks and hours received by each youth in the service. The amount of service is measured by the target amounts of service for the SPEP™ service categorization. Each SPEP™ service type has varying amounts of duration and contact hours. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 10
Points received for Contact Hours or Number of Hours: 8

Total Points Received: 18 **Total Points Possible:** 20

4. Youth Risk Level: The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

12 youth in the cohort are Moderate, High, Very High YLS Risk Level for a total of youth 10 points
6 in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Received: 23 **Total Points Possible:** 25

Basic SPEP™ Score: 96 total points received out of 100 points. Compares service to any other type of SPEP™ therapeutic service. (e.g. individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 96% This percentage compares the service to the same service types found in the research. (e.g. individual counseling compared to all other individual counseling services included in the research.)

The SPEP™ and Performance Improvement

The intended use of the SPEP™ is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service Feedback Report, and these recommendations are the focus of the Performance Improvement Plan, a shared responsibility of the service provider and the juvenile probation department.

Given this service is currently being delivered at 96% of the potential effectiveness for recidivism reduction, no recommendations for improvement were noted at this time.