

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Clear Vision Residential Treatment Services, Inc. - Emotions 101
Cohort Total: 21/19 SPEP ID: 227-T01
Selected Timeframe: Apr. 1, 2017 – Nov. 27, 2017
Date(s) of Interview(s): Mar. 15, 2018
Lead County & SPEP Team Representatives: Matt Minnier, Lycoming Co.; Bill Keim & Ryan Alena, Berks Co.; Lisa Freese & Heather Perry, EPIS
Person Preparing Report: Heather Perry, EPIS

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

The Clear Vision (CV) Residential Facility is a 25 bed staff secure residential service licensed by the DHS and is fully staffed 24 hours per day. CV provides care for adolescent females, adjudicated delinquent or dependent, who require placement services outside the home for social, emotional, and behavioral problems. While all referrals are evaluated/interviewed on an individual basis, appropriate adolescent females should be between the ages of 13-19, able to live in a staff-secured environment and pose no serious threat to themselves or to others. CV also accepts girls who are pregnant. All residents are required to attend school managed by BLAST IU17, through the public school system of Montgomery Area School District, Lycoming County. While the students focus on education, numerous services are incorporated into the treatment plan. CV is a goal oriented program (not a level system). Adolescent females who have a violent assault history, severe mental health issues or who are actively psychotic typically would not be appropriate candidates. Life Skills Training, Family and Individual Counseling, Group Counseling, and T4C are a few treatment modalities utilized. The CV Group Home is a 6 bed staff secure group home licensed by the DHS and is fully staffed 24 hours per day. Care is provided for adolescent females, adjudicated delinquent or dependent, who require a group home setting, which offers IL services. While all referrals are evaluated on an individual basis, appropriate adolescent females should be between the ages of 13-19 years of age, have successfully completed the CV Residential Program and pose no serious threat to themselves or to others. While the focus is enhancing independent living and social skills, adolescents also have the opportunity to work toward paying restitution, learning about employment opportunities, Family, Group and Individual Counseling. Further, youth are also encouraged to focus on drug and alcohol treatment. The focus of this report is the Emotions 101 group. The Clear Vision Emotions 101 group is discussion driven with the hopes of identifying emotions and the thought process with the goal of learning to identify, manage and cope with conflict resolution. This service is run by the executive director who uses her thirty years of experience and includes television and movie clips, handouts, role playing and question and answer sessions. All youth receive this service during the summer months approximately one or two times per week for an hour at a time. Youth also receive this service during the school year on days that school is not in session (ex. In-service days, holidays).

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Group Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 30

Total Points Earned: 30 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 5 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 0

Total Points Earned: 4 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

18/19 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

9/19 youth in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Earned: 25 Total Points Possible: 25

Basic SPEP™ Score: 64 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 68% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Clear Vision Residential Program's Emotions 101 service received a 64 for the Basic Score and a 68% Program Optimization Percentage. It is classified as a Group 4 service – Group Counseling. The service could improve its capacity for recidivism reduction through:

1. Enhance Protocol: Develop a protocol/manual that describes the service, breaks it down by lesson and can be reviewed and updated regularly.
2. Enhance Staff Training: Develop a documented specific training process for those delivering Emotions 101 where they can learn the curriculum, observe delivery, co-facilitate and then facilitate the group on their own.
3. Enhance Staff Supervision: As additional (new) staff begin to facilitate the group, develop a more systematic approach to staff observation and supervision and document the staff observations and feedback.
4. Enhance Organizational Response to Drift: Develop written policies around identifying drift and ensure a more systemic approach to their use.
5. Explore ways to enhance curriculum to achieve the recommended amount of service of 24 weeks and 40 hours.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment 1 SPEP™ ID and Contact Time: 0227-T02

Agency/Program Name: Clear Visions Residential Services, Inc.

Service Name: Emotions 101

Cohort Total: 17

Cohort Time Frame: Youth that began the service on/after January 1, 2021 and ended on/before March 30, 2023

Referral County(s): Clinton (1); Dauphin (2); Lehigh (1); Luzerne (3); Lycoming (2); Mifflin (2); Montgomery (2); Schuylkill (4)

Feedback Report Delivery: August 29, 2023

County/Probation Officer(s) Involved: Bill Keim and Christine Anderton - Berks County Juvenile Probation
Ayla Allen - Mifflin County Juvenile Probation

EPIS SIS(s): Lisa Freese, Lisa Fetzer, and Dawn Karoscik

The Clear Vision Residential Facility is a 25 bed staff secure residential service licensed by the Department of Human Service and is fully staffed 24 hours per day. Clear Vision provides care for adolescent females, adjudicated delinquent or dependent, who require placement services outside the home for social, emotional, and behavioral problems. While all referrals are evaluated/interviewed on an individual basis, appropriate adolescent females should be between the ages of 13-19, able to live in a staff-secured environment and pose no serious threat to themselves or to others. Clear Vision also accepts girls who are pregnant. All residents are required to attend school managed by BLaST IU17, through the public school system of Montgomery Area School District, Lycoming County. While the students focus on education, numerous services are incorporated into the treatment plan. Clear Vision is a goal-oriented program (not a level system). Adolescent females who have a violent assault history, severe mental health issues, or who are actively psychotic typically would not be appropriate candidates. Life Skills Training, Family and Individual Counseling, Group Counseling, and Thinking for a Change are a few treatment modalities utilized.

The Clear Vision Emotions 101 group is discussion driven with the hopes of identifying emotions and the thought process with the goal of learning to identify, manage and cope with conflict resolution. This service is run by the executive director who uses her thirty years of experience and includes television and movie clips, handouts, roleplaying and question and answer sessions. All youth receive this service during the summer months approximately one or two times per week for an hour at a time.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Group Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service Type? There is no qualifying supplemental service

Was the supplemental service provided? N/A **Total Points Possible for this Service Type:** 30

Total Points Received: 30 **Total Points Possible:** 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training, staff supervision, and how drift from service delivery is addressed.

Total Points Received: 5 **Total Points Possible:** 20

3. Amount of Service: Score was derived by calculating the total number of weeks and hours received by each youth in the service. The amount of service is measured by the target amounts of service for the SPEP™ service categorization. Each SPEP™ service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction. Targeted duration and dosage for this service is 24 weeks, 40 hours.

<u>11</u>	youth in the cohort of	<u>17</u>	received the targeted Duration or Number of Weeks for a total	<u>6</u>	points
<u>5</u>	youth in the cohort of	<u>17</u>	of received the targeted Dosage or Number of Hours for a total of	<u>2</u>	points

Total Points Received: 8 **Total Points Possible:** 20

4. Youth Risk Level: The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS. The Risk Levels of Youth admitted to the service were: 1 low risk, 7 moderate risk, 9 , high risk, and 0 very high risk.

<u>16</u>	youth in the cohort of	<u>17</u>	are Moderate, High, Very High YLS Risk Level for a total of	<u>10</u>	points
<u>9</u>	youth in the cohort of	<u>17</u>	are High or Very High YLS Risk Level for a total of	<u>13</u>	points

Total Points Received: 23 **Total Points Possible:** 25

Basic SPEP™ Score: 66 total points received out of 100 points. Compares service to any other type of SPEP™ therapeutic service. (e.g. individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (e.g. individual counseling compared to all other individual counseling services included in the research.)

The SPEP™ and Performance Improvement

The intended use of the SPEP™ is to optimize the effectiveness of reducing recidivism among juvenile offenders. The service could improve its capacity for recidivism reduction by addressing the following recommendations:

1. Regarding Quality of Service Delivery:

a. Written Protocol:

i. Develop a manual/protocol that describes the service, broken down by lesson and can be reviewed and updated yearly.

b. Staff Training:

i. Develop a specific training process for those delivering Emotions 101 as well as periodic booster trainings for staff to further develop service delivery.

c. Staff Supervision:

i. As new staff are trained to deliver the service develop an approach so that staff are observed during service delivery, documentation occurs and feedback could be provided.

d. Organizational Response to Drift:

i. Develop a policy that describes how drift will be identified.

ii. Ensure that a policy contains an” if-then” approach for corrective action steps if service delivery departs from what is intended.

iii. Develop a data monitoring process by creating resources to monitor service delivery. (ex, “pre/post tests)