

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Clear Vision Residential Treatment Services, Inc. - Career Education-Social Skills
Cohort Total: 17 (15 Risk) SPEP ID: 226-T01
Selected Timeframe: Sep. 5, 2017 to Jun. 8, 2018
Date(s) of Interview(s): Feb. 20, 2018
Lead County & SPEP Team Representatives: Matt Minnier, Lycoming Co.; Bill Keim & Ryan Alena, Berks Co.; Lisa Freese & Heather Perry, EPIS
Person Preparing Report: Heather Perry, EPIS

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

The Clear Vision (CV) Residential Facility is a 25 bed staff secure residential service licensed by DHS. CV provides care for adjudicated delinquent or dependent adolescent females, who require placement services outside the home for social, emotional, and behavioral problems. While all referrals are evaluated/interviewed on an individual basis, appropriate adolescent females should be between the ages of 13-19, able to live in a staff-secured environment and pose no serious threat to themselves or to others. CV also accepts girls who are pregnant. All residents are required to attend school managed by BLAST IU17, through the public school system of Montgomery Area School District, Lycoming County. While the students focus on education, numerous services are incorporated into the treatment plan. CV is a goal oriented program (not a level system). Adolescent females who have a violent assault history, severe mental health issues or who are actively psychotic typically would not be appropriate candidates. Life Skills Training, Family and Individual Counseling, Group Counseling, and T4C are a few treatment modalities utilized. The CV Group Home is a 6 bed staff secure group home licensed by the DHS and is fully staffed 24 hours per day. Care is provided for adjudicated delinquent or dependent adolescent females, who require a group home setting, which offers IL services. While all referrals are evaluated on an individual basis, appropriate adolescent females should be between the ages of 13-19 years of age, have successfully completed the CV Residential Program and pose no serious threat to themselves or to others. While the focus is enhancing independent living and social skills, adolescents also have the opportunity to work toward paying restitution, learning about employment opportunities, Family, Group and Individual Counseling. Further, youth are also encouraged to focus on drug and alcohol treatment. The focus of this report is the Career Education class taught primarily by the onsite teachers at CV. CV teachers and staff, as well as community organizations offer opportunities to enhance their social skills. Career Link staff further enhance the programming received by teaching youth interviewing skills through education and mock interviews, how to handle the disclosure of their charges, social skills, and finance. Master gardeners provide learning opportunities to residents by planting a garden and educating them to grow food and the process used to make food with the plants. All residents who attend school are required to participate in this class. Residents not in school are encouraged to participate as well. Youth are taught general career development and living skills. Topics include how to open bank accounts, write checks, and balance the register. Budgets are reviewed and discussed monthly. There is a unit on searching for jobs, filling out applications, writing cover letters, and using references.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Social Skills Training

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 20

Total Points Earned: 20 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 6

Points received for Dosage or Number of Hours: 8

Total Points Earned: 14 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

14/15 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

6/15 youth in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Earned: 23 Total Points Possible: 25

Basic SPEP™ Score: 77 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 91% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Clear Vision Residential Program's Career Education service scored a 77 for the Basic Score and a 91% Program Optimization Percentage. It is classified as a Group 3 service – Social Skills service type. The program could improve its capacity for recidivism reduction through:

1. Enhance Protocol:
 - a. Enhance the description that identifies the target population and risk factors targeted for the service.
2. Enhance Organizational Response to Drift:
 - a. Document procedures that specifically address steps to be taken should a teacher fail to provide instruction as it is intended to be delivered, and ensure that these procedures are systematically applied.
 - b. Investigate opportunities to collect data that might include process or outcome data.
3. Amount of Service:
 - a. Investigate ways to increase the number of weeks of service and contact hours to reach the recommended 16 weeks and 24 hours.