

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Clear Vision Residential Treatment Services, Inc. - Music Group
Cohort Total: 10/8 SPEP ID: 229-T01
Selected Timeframe: January 1, 2017 – December 31, 2017
Date(s) of Interview(s): Mar. 15, 2018
Lead County & SPEP Team Representatives: Matt Minnier, Lycoming Co.; Bill Keim & Ryan Alena, Berks Co.; Lisa Freese & Heather Perry, EPIS
Person Preparing Report: Heather Perry, EPIS

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

The Clear Vision (CV) Residential Facility is a 25 bed staff secure residential service licensed by the DHS and is fully staffed 24 hours per day. CV provides care for adolescent females, adjudicated delinquent or dependent, who require placement services outside the home for social, emotional, and behavioral problems. While all referrals are evaluated/interviewed on an individual basis, appropriate adolescent females should be between the ages of 13-19, able to live in a staff-secured environment and pose no serious threat to themselves or to others. CV also accepts girls who are pregnant. All residents are required to attend school managed by BLAST IU17, through the public school system of Montgomery Area School District, Lycoming County. While the students focus on education, numerous services are incorporated into the treatment plan. CV is a goal oriented program (not a level system). Adolescent females who have a violent assault history, severe mental health issues or who are actively psychotic typically would not be appropriate candidates. Life Skills Training, Family and Individual Counseling, Group Counseling, and T4C are a few treatment modalities utilized. The CV Group Home is a 6 bed staff secure group home licensed by the DHS and is fully staffed 24 hours per day. Care is provided for adolescent females, adjudicated delinquent or dependent, who require a group home setting, which offers IL services. While all referrals are evaluated on an individual basis, appropriate adolescent females should be between the ages of 13-19 years of age, have successfully completed the CV Residential Program and pose no serious threat to themselves or to others. While the focus is enhancing independent living and social skills, adolescents also have the opportunity to work toward paying restitution, learning about employment opportunities, Family, Group and Individual Counseling. Further, youth are also encouraged to focus on drug and alcohol treatment. The focus of this report is Clear Vision's Music group. It is held at least twice per month, and is an open group that occurs year round. The participants listen to approximately 10 songs per group. For each song, they must identify two emotions they felt while the song was playing, a lyric that they liked as well as if the song had any meaning to them and if so, what the meaning was. The goal of the group is for the girls to identify their emotions and use music as a coping skill where appropriate. The group was created 2.5 years ago and is reported to be one of the favorite groups by the girls at Clear Vision.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Group Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 30

Total Points Earned: 30 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 10 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 0

Total Points Earned: 4 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

7/8 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

1/8 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 10 Total Points Possible: 25

Basic SPEP™ Score: 54 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 57% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Music Group scored a 54 for the Basic Score and a 57% Program Optimization Percentage. It is classified as a group counseling service type. This service could improve its capacity for recidivism reduction through:

1. Improving quality of service delivery by:
 - a. Creating a training protocol for delivery of the group.
 - b. Provide routine booster training or ongoing training and document it.
 - c. Ensure that the person who facilitates the group is trained (per the protocol) to deliver the service.
 - d. Monitor service delivery through documented, routine observation with written feedback provided to the counselor.
 - e. Develop a policy related to service delivery drift that has specific, corrective action steps to be taken if drift occurs.
 - f. Collect process or outcome data through peer reviews or written feedback from the residents.
 - g. Evaluate the effectiveness of the service (through data or feedback collected) and use the information to adapt or enhance service delivery.
2. Communicate to referral sources the targeted duration of group counseling.
3. Consider increasing the length of the group to meet 40 hours. This could be accomplished by adding additional songs with a more in-depth review of the emotions tied to each song.