

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Wesley Spectrum Services-Wesley Spectrum-In Home Services

Cohort Total: 124

SPEP ID: 18

Selected Timeframe: Jan. 1, 2013-Dec. 31, 2013

Date(s) of Interview(s): May 1, 2014

Lead County & SPEP Team Representatives: Doug Braden, Allegheny Co. & Shawn Peck, EPISCenter

Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Wesley Spectrum Services (WSS) is a private, nonprofit service agency that provides a wide array of integrated education, behavioral health and family support services to meet the complex needs of at-risk children and families throughout Western Pennsylvania. They provide integrated continuum of autism, behavioral health, as well as education and family support services.

Wesley Spectrum's In-Home Child and Family Services provide intensive family services focused interventions for children and families referred by the Allegheny County Juvenile Probation Department and or Office of Children, Youth and Families. The Program's Structural/Strategic Family Therapy Model of counseling is research based, evidence informed and outcome focused. The strategic approach focuses on the interactional patterns within the family. Families are empowered to identify strengths, competencies, resources and options. Families are directed to understand problems in new, more helpful ways and to experience new ways of interacting or solving problems. Sessions typically occur two to three times a week providing maximum flexibility in a range of intensity levels. Service delivery requires that staff be available weeknights and weekends for in home sessions as well as 24 hour crisis support or intervention. Sessions include as many family members as possible and are designed to address crimeogenic criminogenic risk factors such as unsafe and/or unstable family setting, poor parenting, adverse family interactions, and disengagement from school, community and/or work, behavioral health, substance abuse and lack of pro-social relationships. Wesley Spectrum's In-Home Child and Family Services include: assessing family functioning to aid in service plan development, providing family counseling about relationships, domestic violence, parent/child conflict, crisis management, communication, peer relationships, anger management, problem-solving, budgeting, and parenting skills development.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? n/a

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 20

Total Points Earned: 20 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 4

Total Points Earned: 8 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

108 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

16 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 10 Total Points Possible: 25

Basic SPEP™ Score: 58 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Wesley Spectrum In-Home Child and Family Services scored a 69% Program Optimization Percentage. It is classified as a Group 3 service; Family counseling with no qualifying supplemental service. The quality of the service was found to be delivered at a Very High level. The risk levels of youth participating in this program are: 11% as Low Risk; 87% as Moderate Risk or above; and 13% as High Risk. The amount of service provided to the clients was at 50% of the recommended targeted weeks of duration and 53% of the recommended target contact hours for this service type.

Wesley Spectrum In-Home Child and Family Services could improve its capacity for recidivism reduction through:

1. Improving communication with Allegheny County Juvenile Court and other courts that use this service on the research supported amount of service that should be provided for this service type.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment

Name of Program and Service: Wesley Spectrum Services-Wesley Spectrum-In Home Services

Cohort Total: 259

SPEP ID: 18

Selected Timeframe: Jan. 1, 2014-Dec. 31, 2014

Date(s) of Interview(s): Sep. 21, 2015

Lead County & SPEP Team Representatives: Doug Braden, Allegheny Co. & Shawn Peck, EPISCenter

Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

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Wesley Spectrum's In-Home Child and Family Services provide intensive family services focused interventions for children and families referred by the Allegheny County Juvenile Probation Department and or Office of Children, Youth and Families. The Program's Structural/Strategic Family Therapy Model of counseling is research based, evidence informed and outcome focused. The strategic approach focuses on the interactional patterns within the family. Families are empowered to identify strengths, competencies, resources and options. Families are directed to understand problems in new, more helpful ways and to experience new ways of interacting or solving problems. Sessions typically occur two to three times a week providing maximum flexibility in a range of intensity levels. Service delivery requires that staff be available weeknights and weekends for in home sessions as well as 24 hour crisis support or intervention. Sessions include as many family members as possible and are designed to address crimeogenic criminogenic risk factors such as unsafe and/or unstable family setting, poor parenting, adverse family interactions, and disengagement from school, community and/or work, behavioral health, substance abuse and lack of pro-social relationships. Wesley Spectrum's In-Home Child and Family Services include: assessing family functioning to aid in service plan development, providing family counseling about relationships, domestic violence, parent/child conflict, crisis management, communication, peer relationships, anger management, problem-solving, budgeting, and parenting skills development.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? n/a

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 20

Total Points Earned: 20 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 4

Total Points Earned: 8 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

223 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

33 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 10 Total Points Possible: 25

Basic SPEP™ Score: 58 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Wesley Spectrum In-Home Child and Family Service scored 58% for the Basic Score and a 69 % Program Optimization Percentage. It is classified as a Group 3 service; Family Counseling service type. These scores represent no percentage change from the baseline findings of the Initial SPEP™ Assessment scoring results. The program could continue to improve its capacity for recidivism reduction through:

1. Regarding Service Amount: Continue to communicate the recommended duration of Family Counseling with Allegheny County Juvenile Court and other courts.
2. Regarding Youth Level of Risk: Continue to accept Moderate to High Risk youth that are best suited for this service.