The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village-Intensive Supervision Female-Choice Theory Group

Cohort Total: 10 SPEP ID: 9

Selected Timeframe: Jan. 2012-Dec. 2013

Date(s) of Interview(s): Mar. 19, 2014, Apr. 14, 2014

Lead County & SPEP Team Representatives: Doug Braden, Allegheny County & Shawn Peck, EPISCenter

Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: General Secure Care/Male and Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug and Alcohol Group Home/Male; Intensive Supervision Group Homes/ Male and Female (inclusive of a specialty unit with a mental health focus/Female; and Shelter/Male and Female. Treatment is individualized, designed to address a number of criminogenic risk factors, inclusive of anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi Village's philosophy is that the cycle of degeneration can be altered in favor of positive growth and success through applying the beliefs and principles of brotherly concern coupled with proven modalities.

Youth are placed by the courts within one of Adelphoi Village's Intensive Supervision Group Homes at varied stages of court involvement. This may be the initial out of home placement for a youth or placement here may be upon the court transitioning a youth from a more restrictive level of care, inclusive of stepping down a youth from a secure placement. The average length of stay varies across Adelphoi Village's different program types with the average length of stay for a youth within one of Adelphoi Village's Intensive Supervision Group Homes falling within the 5-6 month range.

All youth in this program receive Choice Theory Group (CTG). The curriculum lasts for eighteen weeks with a total of eight lesson plans. The first lesson lasts for four weeks and the next seven sessions occur twice a week. Each session is delivered by agency staff with a facilitator and an observer, whom completes a Fidelity Form to provide the facilitator with feedback.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Cognitive-behavior Therapy

   Based on the meta-analysis, is there a qualifying supplemental service? No

   If so, what is the Service type? There is no qualifying supplemental service

   Was the supplemental service provided? n/a **Total Points Possible for this Service Type:** 35

   Total Points Earned: 35 **Total Points Possible:** 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

   Total Points Earned: 20 **Total Points Possible:** 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 6

Points received for Dosage or Number of Hours: 8

Total Points Earned: 14 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

10/10 **youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of** 12 **points**

3/10 **youth in the cohort are High or Very High YLS Risk Level for a total of** 10 **points**

Total Points Earned: 22 **Total Points Possible:** 25

Basic SPEP™ Score: 91 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. *(eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)*

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 91% This percentage compares the service to the same service types found in the research. *(eg: individual counseling compared to all other individual counseling services included in the research)*

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Adelphoi Village Intensive Supervision Female Programs' service of Choice Theory Group scored a 91% Program Optimization Percentage. This intervention was categorized as a Group 5 service; Cognitive-Behavioral Therapy with no qualifying supplemental service. At all levels, the quality of the service was found to being delivered at a high level. The risk levels of youth participating in this program are: 0% as Low Risk; 100% as Moderate Risk or above; and 30% as High Risk. The amount of service provided to the clients was at 70% of the recommended targeted weeks of duration and 80% of the recommended target contact hours for this service type.

Adelphoi Village's Intensive Supervision Female Programs could improve their capacity for recidivism reduction through:

1. Improving communication with Allegheny County Juvenile Court and other courts that use this service on the research amount of service that should be provided for this service type.

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