

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village - Intensive Supervision Female & Intensive Supervision Female: Mental Health Focus - RTC

Cohort Total: 16 SPEP ID: 161-T01

Timeframe of Selected Cohort: Jul. 1, 2016 - Jul. 1, 2018

Date(s) of Interview(s): Jun. 23, 2017 & Jul. 20, 2017 (initial); Aug. 1, 2019 & Aug. 1, 2019 (update)

Lead County & SPEP Team Representatives: William Shultz, Allegheny Co. & Christa Park, EPISCenter

Person Preparing Report: William Shultz, Allegheny Co. & Christa Park, EPISCenter

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (500 word limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male & female youth across Pennsylvania. Types of treatment include: General Secure Care/Male & Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug & Alcohol Group Home/Male; Intensive Supervision Group Homes/Male & Female; Intensive Supervision Group Homes with a Mental Health Focus/Female; & Shelter/Male & Female. Treatment is individualized & designed to address a number of criminogenic risk factors (e.g., anger, aggression, poor problem solving, mild-moderate mental health issues, strained family dynamics, & trauma). Adelphoi's philosophy is that the cycle of degeneration can be altered in favor of positive growth & success through applying the beliefs & principals of brotherly concern coupled with proven modalities. Female youth, including those with mental health needs, are placed by the courts within one of Adelphoi's Intensive Supervision Group Homes at varied stages of court involvement. This may be the initial out of home placement for a youth, or placement here may be upon the court transitioning a youth already in placement, within a more restrictive level of care, to a less restrictive level of care. The average length of stay varies across Adelphoi's different program types. The average length of stay for a youth within one of Adelphoi's Intensive Supervision Group Homes falls within the 5-to 6-month range. The Residential Treatment Curriculum (RTC) is a 12 session treatment curriculum designed to treat PTSD & traumatization in juveniles. It combines elements of group therapy, cognitive-behavioral therapy, art therapy, psycho-education, & exposure therapy into a multi-modal approach to help youth deal with & overcome traumatic experiences, as well as pervasive symptoms. The curriculum starts with an emphasis on safety & building cohesion/trust between group members. The RTC attempts to help participants identify triggers and pervasive symptomology, and most importantly, helps youth find positive coping strategies for each symptom they experience. Over the course of the curriculum, youth identify thinking errors & learn how to correct them with rational self-talk; they disclose traumatic experiences to the group through art therapy. After these sessions, the RTC addresses issues such as identifying positive/negative relationships, learning how to take care of oneself physically, make healthy choices, how to deal with traumatic loss, self-forgiveness, & other important lessons related to grief, trauma, loss, and healing. The curriculum also includes discussions on self-regulation strategies and building positive attachment relationships.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Group Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 30

Total Points Earned: 30 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 0

Total Points Earned: 4 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

13 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 7 points

4 youth in the cohort are High or Very High YLS Risk Level for a total of 8 points

Total Points Earned: 15 Total Points Possible: 25

Basic SPEP™ Score: 69 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 73% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

1. Regarding Quality of Service Delivery
 - a. Staff Supervision
 - i. Develop a supervision process that includes documentation but does not require direct observation of service delivery.
 - ii. Enhance existing process related to performance evaluations to include language specific to this service.
 - b. Organizational Response to Drift
 - i. Ensure the Organizational Response to Drift policy includes a detailed description of this service, including fidelity & quality of service delivery.
 - ii. Ensure implementation of the Organizational Response to Drift policy is documented.
 - iii. Ensure the Organizational Response to Drift policy contains an "if-then" approach for corrective action steps if service delivery departs from what is intended.
2. Regarding Amount of Service
 - a. Evaluate and enhance current practices to identify opportunities for service delivery to better match research targets for duration and dosage (i.e., total contact hours).
3. Regarding Risk Level of Youth Served
 - a. Increase collaboration between juvenile probation and Adelphoi Village to consider the appropriate risk level for each youth.
 - b. Increase collaboration between juvenile probation and Adelphoi Village to consider each youth's responsivity factors during treatment.