

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village - Intensive Supervision Female: Mental Health Focus - Community Service / Restitution

Cohort Total: 16 SPEP ID: 182-T01

Timeframe of Selected Cohort: Jul. 1, 2016 - Jul. 1, 2018

Date(s) of Interview(s): Jun. 23, 2017 & Aug. 25, 2017 (initial); Aug. 1, 2019 & Aug. 1, 2019 (update)

Lead County & SPEP Team Representatives: Sue Christner, Lebanon Co. & Dawn Hooton, EPISCenter

Person Preparing Report: Sue Christner, Lebanon Co. & Dawn Hooton, EPISCenter

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (500 word limit)*

Adelphoi Village provides various types & levels of residential treatment programs for male & female youth across Pennsylvania. Types of treatment include: General Secure Care/Male & Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug & Alcohol Group Home/Male; Intensive Supervision Group Homes/Male & Female; Intensive Supervision Group Homes with a Mental Health Focus/Female; & Shelter/Male & Female. Treatment is individualized & designed to address a number of criminogenic risk factors (e.g., anger, aggression, poor problem solving, mild-moderate mental health issues, strained family dynamics, & trauma). Adelphoi's philosophy is the cycle of degeneration can be altered in favor of positive growth & success though applying beliefs & principals of brotherly concern coupled with proven modalities. Female youth with mental health needs are placed by the courts within one of Adelphoi's Intensive Supervision Group Homes at varied stages of court involvement. This may be the initial out of home placement for a youth, or may be upon the court transitioning a youth already in placement, within a more restrictive level of care, to a less restrictive level of care. The average length of stay varies across different program types; average length of stay for a youth within an Intensive Supervision Group Home falls within the 5-6 month range.

All youth in the Community Service/Restitution Program participate in the completion of community service projects for the benefit of the broader community. Activities include: the Faith-In-Action program, a partnership program for the elderly; assisting with Bingo at area nursing homes; litter crews through the Adopt-A-Highway program; fundraisers such as spaghetti dinners, coat drives and holiday gift wrapping; and snow shoveling for shut-ins. On average, each youth completes approximately 20+ hours of community service each year. Work service projects completed for the benefit of the Adelphoi community are counted toward each youths' stipend. These projects may consist of household chores, lawn care, leaf raking and snow shoveling. When a youth owes restitution, 50% of their stipend is allocated towards restitution and the remainder is secured in an account released to the youth when they leave the program. Youth with no outstanding restitution receive their stipend in its totality upon discharge.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Restitution/Community Service

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 15

Total Points Earned: 15 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 8

Points received for Dosage or Number of Hours: 4

Total Points Earned: 12 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

14 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

3 youth in the cohort are High or Very High YLS Risk Level for a total of 3 points

Total Points Earned: 13 Total Points Possible: 25

Basic SPEP™ Score: 60 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 75% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

1. Regarding Amount of Service
 - a. Improve communication with Juvenile Probation Departments using this service regarding the research-supported amount of service recommended for this service type.
 - b. Consider offering additional opportunities for youth to complete community service hours each week in an effort to meet the recommended dosage of 60 hours.
2. Regarding Risk Level of Youth Served
 - a. Improve communication with Juvenile Probation Departments using this service regarding the research-supported targeted risk population recommended for this service type; there are larger positive effects on recidivism with high risk juveniles.