

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village - Intensive Supervision Female: Mental Health Focus - Family Counseling

Cohort Total: 24 for amount of service; 23 for risk level SPEP ID: 165-T01

Timeframe of Selected Cohort: Jul. 1, 2016 - Jul. 1, 2018

Date(s) of Interview(s): Jun. 23, 2017 & Jul. 20, 2017 (initial); Aug. 1, 2019 & Aug. 1, 2019 (update)

Lead County & SPEP Team Representatives: William Shultz, Allegheny Co. & Christa Park, EPISCenter

Person Preparing Report: William Shultz, Allegheny Co. & Christa Park, EPISCenter

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (500 word limit)*

Adelphoi Village provides various types & levels of residential treatment programs for male & female youth across Pennsylvania. Types of treatment include: General Secure Care/Male & Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug & Alcohol Group Home/Male; Intensive Supervision Group Homes/Male & Female; Intensive Supervision Group Homes with a Mental Health Focus/Female; & Shelter/Male & Female. Treatment is individualized & designed to address a number of criminogenic risk factors (e.g., anger, aggression, poor problem solving, mild-moderate mental health issues, strained family dynamics, & trauma). Adelphoi's philosophy is the cycle of degeneration can be altered in favor of positive growth & success through applying beliefs & principals of brotherly concern coupled with proven modalities. Female youth with mental health needs are placed by the courts within one of Adelphoi's Intensive Supervision Group Homes at varied stages of court involvement. This may be the initial out of home placement for a youth, or may be upon the court transitioning a youth already in placement, within a more restrictive level of care, to a less restrictive level of care. The average length of stay varies across different program types; average length of stay for a youth within an Intensive Supervision Group Home falls within the 5-6 month range. All youth receive weekly Family Counseling with either a Family Caseworker or Master Level Family Therapist. A Family Therapist could be assigned due to the recommendations made by a psychologist. In the event that a Family Therapist would be assigned, a Family Caseworker would not be necessary. Approximately half of the youth have a Family Therapist, and half have a Family Caseworker. Family Therapists may work with families in their homes independently while the youth is in a residential program. Either a Family Therapist/Caseworker administers the Family Advocacy & Support Tool (FAST) to develop effective interventions & drive the treatment planning process. Every family is encouraged to participate in Family Counseling when the youth begins treatment; clinical staff are trained on engagement strategies. In order to encourage family participation, Adelphoi also provides transportation to family members via agency drivers, train tickets, bus tickets, or gas reimbursement. Adelphoi also provides hotel rooms for families that can visit over multiple days or have a long traveling distance. Regardless of the degree of parental involvement, some type of family work occurs every two weeks, either through Skype or teleconference. Every youth is given the opportunity to speak to their families daily either by outgoing or incoming call. Family visitation, therapy, & counseling is scheduled at the family's convenience and availability.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 20

Total Points Earned: 20 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 0

Total Points Earned: 4 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

21 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

5 youth in the cohort are High or Very High YLS Risk Level for a total of 5 points

Total Points Earned: 15 Total Points Possible: 25

Basic SPEP™ Score: 59 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

1. Regarding Amount of Service
 - a. Improve collaboration with JPO from referring counties to increase family engagement to better match research recommendations for the targeted amount of service for each youth.
2. Regarding Risk Level of Youth Served
 - a. Increase collaboration between juvenile probation and Adelphoi Village to consider the appropriate risk level for each youth.
 - b. Increase collaboration between juvenile probation and Adelphoi Village to consider each youth's responsivity factors during treatment.