The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEPTM Service Type**: Cognitive Behavioral Therapy

   Based on the meta-analysis, is there a qualifying supplemental service? **No**

   If so, what is the Service Type? **There is no qualifying supplemental service**

   Was the supplemental service provided? **N/A**

<table>
<thead>
<tr>
<th>Total Points Possible for this Service Type:</th>
<th>35</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Points Received:</td>
<td>35</td>
</tr>
<tr>
<td>Total Points Possible:</td>
<td>35</td>
</tr>
</tbody>
</table>

2. **Quality of Service**: Research has shown that programs which deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training, staff supervision, and how drift from service delivery is addressed.

   | Total Points Received: | 10 |
   | Total Points Possible: | 20 |
3. Amount of Service: Score was derived by calculating the total number of weeks and hours received by each youth in the service. The amount of service is measured by the target amounts of service for the SPEP™ service categorization. Each SPEP™ service type has varying amounts of duration and contact hours. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 8
Points received for Contact Hours or Number of Hours: 8

Total Points Received: 16  Total Points Possible: 20

4. Youth Risk Level: The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

18 youth in the cohort are Moderate, High, Very High YLS Risk Level for a total of 12 points
10 youth in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Received: 25  Total Points Possible: 25

Basic SPEP™ Score: 86 total points received out of 100 points. Compares service to any other type of SPEP™ therapeutic service. (e.g. individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 86% This percentage compares the service to the same service types found in the research. (e.g. individual counseling compared to all other individual counseling services included in the research.)

The SPEP™ and Performance Improvement

The intended use of the SPEP™ is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service Feedback Report, and these recommendations are the focus of the Performance Improvement Plan, a shared responsibility of the service provider and the juvenile probation department.

Hazelden’s A New Direction received an 86 for the Basic Score and an 86% Program Optimization Percentage. It was classified as a Group 5 service; Cognitive-behavioral Therapy Service Type. There is no qualifying supplemental service found in the research. The Quality of Service Delivery was found to be at a Medium Level. For Amount of Service, 83% of the youth received the recommended targeted weeks of duration and 84% of the youth received the recommended targeted contact hours for this service type. The Risk Levels of Youth admitted to the service were: 0% low risk, 44% moderate risk, 56% high risk, and 0% very high risk. The service could improve its capacity for recidivism reduction by addressing the following recommendations:

1. Regarding Quality of Service Delivery:
   a. Staff Training:
      i. Create booster trainings to occur at predetermined times (eg: semi-annually, quarterly, annually etc.).
      ii. Ensure that supervisors who oversee staff delivering AND are trained to deliver the service and that it is documented.
   b. Staff Supervision:
      i. Ensure that all supervisors routinely observe delivery of AND.
      ii. Supervisors should complete a Supervisory Observation Form after each observation and give a copy to staff.
      iii. Specifically address delivery of AND in performance reviews.
   c. Organizational Response to Drift:
      i. Develop a policy to identify departure from fidelity and quality in the delivery of AND.
      ii. Provide written documentation when the policy is utilized.
      iii. In the policy, include specific corrective action steps to be taken to address drift.

2. Regarding Amount of Service:
   a. Continue to remind referral sources that as a Cognitive Behavior Therapy service, AND should be delivered at a minimum of 45 hours over 15 weeks.