

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline SPEP™ ID and Contact Time: 0355-T01

Agency/Program Name: Pressley Ridge

Service Name: In Home Family Service (IFS)

Cohort Total: 39

Cohort Time Frame: Youth that began the service on/after July 1, 2021 and ended on/before July 31, 2023

Referral County(s): York

Feedback Report Delivery: March 26, 2024

County/Probation Officer(s) Involved: Danielle Salisbury and Andrew Guise, York County Juvenile Probation

EPIS SIS(s): Lisa Freese

Pressley Ridge was founded in 1832 and is headquartered in Pittsburgh, Pennsylvania. The agency provides services in 21 PA counties. Services include Foster Care and Adoption, Community-Based/In Home Services, Outpatient Services, Specialized Education, Autism Services, Residential and Transition-Age Services. The Pressley Ridge York location has been in existence for 25 years. Services include In Home Family Services including Wellness Court, Case Management, Parent Education, Supervised and Therapeutic Visitation, Crisis Stabilization, Foster Care and Community School Based Behavioral Health. Services are offered to delinquent and dependent youth and their families.

Juvenile Wellness Court is a contracted partnership with Juvenile Probation to provide services to juveniles accepted into the program. Pressley Ridge began its partnership with the program in 2021. It is a traditional Treatment Court design, with regular court appearances and wrap-around services. Pressley Ridge partners with probation, MH/IDD, and an advocate program to provide intensive services to youth with significant cooccurring substance abuse, trauma, and/or mental health needs. The Juvenile Wellness Court Therapist conducts in-home services on both an individual and family basis. Additionally, the therapist conducts group therapy sessions twice monthly. Clients typically participate with the program for 6 months, during which time they receive 1-3 hours of treatment per week based on level within the program, per direction at Treatment Court Hearings, and/or based on recommendations by the treatment team. In addition to the treatment, the therapist attends court sessions and Treatment Team meetings, conducts treatment planning in conjunction with other agencies to address needs and goals for each youth and utilizes incentives to recognize client achievement. These referrals are received directly through probation and then assigned to the Pressley Ridge therapist, with a maximum capacity of approximately 15-20 youth. Clients inappropriate for the program include those with sexual offenses and youth and/or parents who are unwilling to comply with the basic requirements.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Mixed Counseling

Based on the meta-analysis, is there a qualifying supplemental service? Yes

If so, what is the Service Type? Behavioral Management

Was the supplemental service provided? No **Total Points Possible for this Service Type:** 20

Total Points Received: 15 **Total Points Possible:** 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training, staff supervision, and how drift from service delivery is addressed.

Total Points Received: 10 **Total Points Possible:** 20

3. Amount of Service: Score was derived by calculating the total number of weeks and hours received by each youth in the service. The amount of service is measured by the target amounts of service for the SPEP™ service categorization. Each SPEP™ service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction. Targeted duration and dosage for this service is 25 weeks, 25 hours.

6	youth in the cohort of	39	received the targeted Duration or Number of Weeks for a total	0	points
13	youth in the cohort of	39	of received the targeted Dosage or Number of Hours for a total of	2	points

Total Points Received: 2 **Total Points Possible:** 20

4. Youth Risk Level: The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS. The Risk Levels of Youth admitted to the service were: 0 low risk, 30 moderate risk, 7 , high risk, and 2 very high risk.

39	youth in the cohort of	39	are Moderate, High, Very High YLS Risk Level for a total of	12	points
9	youth in the cohort of	39	are High or Very High YLS Risk Level for a total of	5	points

Total Points Received: 17 **Total Points Possible:** 25

Basic SPEP™ Score: 44 total points received out of 100 points. Compares service to any other type of SPEP™ therapeutic service. (e.g. individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 52% This percentage compares the service to the same service types found in the research. (e.g. individual counseling compared to all other individual counseling services included in the research.)

The SPEP™ and Performance Improvement

The intended use of the SPEP™ is to optimize the effectiveness of reducing recidivism among juvenile offenders. The service could improve its capacity for recidivism reduction by addressing the following recommendations:

1. Regarding Primary & Supplemental Service Types:
 - a. Consider adding the behavioral contracting/incentives to all youth receiving the service.
2. Regarding Quality of Service Delivery:
 - a. Written Protocol:
 - i. Finalize the written protocol describing the delivery of IFS.
 - ii. Include specific details on process and what should be addressed during service delivery.
 - iii. Document use of the manual during service delivery when applicable.
 - iv. Establish a timeframe for routine review of the manual and document when it occurs.
 - b. Staff Supervision:
 - i. Establish a routine protocol for staff observation by supervisors. This should occur at predetermined timeframes and should be documented.
3. Regarding Amount of Service:
 - a. Collaborate with the York County Juvenile Probation Office on ways to increase duration and dosage to meet the recommended targets of 25 weeks and 25 hours as supported by research.