The Standardized Program Evaluation Protocol (SPEPTM):  

Service Score Results: Baseline  

Name of Program and Service: I-LEAD - Empowerment Camp  
Cohort Total: 41  
Selected Timeframe: Nov. 1, 2011 - Nov. 30, 2012  
Date(s) of Interview(s): Jan. 23, 2013  
Lead County & SPEP Team Representatives: Jeff Grego, Berks Co. & Stephanie Bradley, EPISCenter  
Person Preparing Report: Lisa Freese  

Description of Service: This should include a brief overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other relevant information to help the reader understand the SPEP service type classification. (350 character limit)  

The I-LEAD Empowerment Camp is offered to youth under supervision of the Berks County Juvenile Probation Office, through the I-LEAD Charter School. The program lasts eight weeks and is aimed at juveniles currently not enrolled in an educational program and also in need of employment and leadership skills training. The I-Lead Leadership Development curriculum serves as the main content for instruction. Juveniles complete three weeks of classroom instruction followed by four weeks of an internship/employment opportunity. The final week of the program is held back in the classroom debriefing their internship work experience. Juveniles referred to the Empowerment Camp are in the moderate to high risk range.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. SPEPTM Service Type: Social Skills Training  
   Based on the meta-analysis, is there a qualifying supplemental service? No  
   If so, what is the Service type? There is no qualifying supplemental service  
   Was the supplemental service provided? n/a  
   Total Points Possible for this Service Type: 20  
   Total Points Earned: 20  
   Total Points Possible: 35  

2. Quality of Service: Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

   Total Points Earned: 10  
   Total Points Possible: 20
3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

   **Points received for Duration or Number of Weeks:** 0
   **Points received for Dosage or Number of Hours:** 6

   Total Points Earned: 6
   Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

   - 38 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points
   - 9 youth in the cohort are High or Very High YLS Risk Level for a total of 5 points

   Total Points Earned: 15
   Total Points Possible: 25

**Basic SPEP™ Score:** 51 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

**Note:** Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

**Program Optimization Percentage:** 60%
This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

**The SPEP and Performance Improvement**

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

1. Regular observation of the delivery staff and documented feedback on their adherence to the manual.
2. Increased documentation indicating policies and procedures to address when “drift” is identified.
3. Increasing the duration of the program by spreading out the intensity of the first 3 weeks of the program.
4. Increasing the number of youth achieving 24 target hours of service through earlier outreach and better engagement during the referral process.
5. Targeting high risk youth and eliminating low risk youth referred to the program.

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