

**2019 Statewide Crisis Intervention Team Meeting**  
**Days Inn, State College, PA**  
**March 26, 2019**

*Session Descriptions*

***Putting First Responders First!***

- *Steve Kingsdorf, Bucks County FIRST Program*
- *Patrick Pauly, Seven Mountains-Susquehanna Valley CISM Team*
- *Captain John C. Staje, Jr. (Ret.), Williamsport Bureau of Police, Seven Mountains-Susquehanna Valley CISM Team*

Every day first responders are subjected to powerful, traumatic events which have the potential to initiate a crisis response. In this session, you will learn about the top ten terrible events that may put first responders in a state of heightened cognitive, physical, emotional and behavioral arousal. Learn what different agencies from across the commonwealth are doing to combat critical incident stress and the lasting negative effects it can have on you as a first responder.

***CIT in Corrections***

- *Abbey Cassidy, Psy.D., Bucks County Correctional Facility*
- *James Kehoe, Pennsylvania Department of Corrections*
- *Ray McManamon, LPC, CAADC, Bucks County Department of Mental Health/Developmental Programs*
- *Cheryl Steberger, Warden, Lancaster County Prison*
- *Katlyn Wildberger, CIT Coordinator, Lancaster County*

Crisis Intervention Team (CIT) programs in correctional settings is a fast-growing trend across Pennsylvania. The CIT Memphis Model is a community-based program and implementing CIT in correctional settings poses its own challenges. This session will highlight county and state correctional CIT programs, including challenges and successes in implementation.

***Post-Traumatic Stress Disorder, Traumatic Brain Injuries, and Our Veterans***

- *Todd Negola, Psy.D*

Every day, first responders are engaging with individuals who have served in the military which brings an exceptional set of challenges to law enforcement and first responders. In this session,

you will learn about the signs and symptoms of Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), unique situations that veterans may encounter upon their return to civilian life, and how you as a first responder can best assist.

### **Crisis Intervention & Mental Health: Using Psychology & People Skills**

- *Stacey Jenkins, M. Psych.*

Stacey's lecture will give hope and inspiration as he recounts his recovery, and struggle with mental illness. He openly reveals his anxiety, post-traumatic stress disorder (PTSD) and his passion for psychology along with his care for the Consumer. Stacey shares his story of attempted suicide, trauma, shame, involuntary commitment, and his road to recovery.

By using ACTIVE LISTENING SKILLS (ALS), a method developed by the FBI, every team member will increase productivity regarding their specific missions, and when united, the team members will form successful finalization of their team-goal. By applying ALS, the team's entire task will be the result of collective productive representation of their work. Stacey's experience as a Scholar (Forensic Psychology), Adjunct Professor (Group Dynamics/Psychology), and Hostage Negotiator has allowed him the ability to create a method for CIVILIANS to use regarding the application of Communication Skills.