Berks County
Stepping up Initiative:
A Comprehensive County Approach

December 4, 2017
A recent study done in September 2017 by Treatment Advocacy Center, Treat or Repeat

A State Survey of Serious Mental Illness, Major Crimes and Community Treatment

Pennsylvania scored a “D” grade

The non-profit group graded states based on how they adhered to certain policies the group says have proven to reduce recidivism

PA received a “D” most significantly for its chronic shortage of beds at state mental hospitals – according to the report, we have less to offer those who suffer from serious mental illness
Outline

- Stepping Up Initiatives
- CCAP Comprehensive Behavioral Health Task Force
- Sequential Intercept Mapping
- Forensic Diversion Program
- Forensic Services
- Law Enforcement Initiatives
- Jail Initiatives
- Data Driven Justice Initiative
Stepping Up Initiative
Advance the six program objectives:

- Secure committed team leadership
- Ensure implementation of timely screening and assessments
- Obtain baseline data
- Complete a comprehensive process analysis and inventory of services
- Prioritize policy, practice and funding improvements
- Identify strategies to track and evaluate progress
State capacity to meet the needs of incarcerated individuals with MH/DD is significantly insufficient
- Counties and the state must work together to develop immediate additional capacity
- This is a long term issue requiring long term planning
- Humanitarian issue and a public safety issue
CCAP Comprehensive Behavioral Health Task Force

- Employ Successful Strategies to reduce the need for incarceration
- Expand training, education & awareness efforts to improve public perception & understanding
- Provide effective supports and services to reduce entry into the criminal justice system & to improve outcomes for re-entry
- Understanding special populations & unique circumstances
- Address the needs of returning veterans
- Research larger policy issues and develop longer range policy strategies to assist county efforts
Forensic services can assist at any Intercept:
- Intercept 1 – Law Enforcement and Emergency Services
- Intercept 2 – Initial Detention / Initial Court Hearing
- Intercept 3 – Jails / Courts
- Intercept 4 – Re-Entry
- Intercept 5 – Community Corrections / Community Support
Established January 2012 through a collaboration between Berks Connections/Pretrial Services (BCPS) and Berks County MH/DD Program to:

- Decrease the incarceration rate of our non-violent mentally ill population by diverting them from jail and linking them to appropriate treatment services, monitoring and supervision through BCPS when applicable.

- Maintain community safety – only non-violent individuals are chosen.

- Save taxpayer money by reducing incarceration and justice system costs.
Forensic Diversion Program

Program Statistics January 2012 to September 2017

Total Number of Referrals to the Program: 741
Unsecured Bail Diversions: 130
Number of Diversions using Treatment Resources: 229
Number of Follow up Contacts Provided: 4252
Total Diversions for the 5 Year period: 359

Total Number Re-arrested: 25 (7%)
Total Re-arrested post diversion program: 12
Total Re-arrested during diversion program: 13
Forensic Services

- Forensic Blended Case Management
  - 4 Forensic BCMs and 1 Forensic BCM Supervisor

- Forensic Peer Specialists
  - Trained professionals with lived experience

- Forensic Transitional Housing Program
  - Established December 2012 with capacity to house 4 individuals in a supervised setting

- Provider Coalition
  - Comprised of various law enforcement officials and representatives from community agencies and the County.
  - Collaborating to establish new resources and programming for the forensic population with MH diagnoses
Law Enforcement

- Smart on Crime Approach
- History of Working with the Mental Health System
- Police Trainings – Crisis Intervention
- Berks County Emergency Response Team
Jail System

- **History**
  - Limited Data
    - % on Psychotropic Medications
    - # of Requests to See Psych Staff

- **Increased Contacts & Demand on Resources**
  - Need for Data with Definitions and Purpose
    - Mental Health Stability Rating (12/1/17)
    - Total General Population: 1047
    - A: 118 – history of mental illness, over 5 years ago, doesn’t need treatment
    - B: 45 – had treatment for mental illness over 5 years ago, doesn’t need treatment
    - C: 517 – Active mental illness diagnosis and needs treatment
    - D (SMI): 89 – Severe/Specific diagnosis and needs treatment
    - Total 769
Jail System

- Data Drives Change
  - Obtained Training
  - Increased Staffing
  - Enhanced Programs
  - Obtained Safety Equipment
    - Received 7 Secure Interactive Treatment Chairs In Feb. 2017 ($19,355)

- 20 hours out of cell time
  - 10 structured: Group/Individual therapy, medication education, structured activities
  - 10 unstructured: Regular recreation for most inmates, additional hours required to be added for disciplinary inmates
Data Driven Justice Initiative

- Priorities:
  - Gather data to access, quantify and articulate the service delivery and consumption of behavioral health, EMS and criminal justice services in the County
  - Identify measures of success for each component: emergency medical services, behavioral health and criminal justice
  - Identify the cost dimension of each component
# HIGH UTILIZER CASE STUDY

**Berks County, 414,812**

## About

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender</td>
<td>Female</td>
</tr>
<tr>
<td>Age</td>
<td>26</td>
</tr>
<tr>
<td>Ethnicity</td>
<td>Non-hispanic</td>
</tr>
</tbody>
</table>

## Total Contacts in the Last 365 Days

<table>
<thead>
<tr>
<th>Days</th>
<th>Contacts</th>
<th>System</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/8</td>
<td>8</td>
<td>254</td>
</tr>
</tbody>
</table>

- **EMS/Hospitals:**
  - 1/8 Days
  - 8
  - 254

- **Police:**
  - 13

- **Jail:**
  - 1

## Other Services

- **Homeless Services:**
  - 1

- **Behavioral Health:**
  - 13

- **Other:**
  - 1

## High Utilizer Case Study Details

<table>
<thead>
<tr>
<th>Date</th>
<th>System</th>
<th>Interaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/3/16-6/19/17</td>
<td>Jail</td>
<td>Aggravated Harassment, Assault – time on the MH Unit, contact from Forensic Case Management x4 in jail</td>
</tr>
<tr>
<td>6/19/17</td>
<td>Case Management</td>
<td>Spent night in Shelter – reports all belongings stolen – reaches out to Grandmother</td>
</tr>
<tr>
<td>6/21/17</td>
<td>Crisis; Police; ER</td>
<td>Aggressive to GM who calls Crisis and PD; PD has open warrant offers Psych ER as alternate</td>
</tr>
<tr>
<td>6/22/17-6/29/17</td>
<td>EMS; BH Hospital</td>
<td>Signs 201 Voluntary Admit; transported to Behavioral Health Hospital</td>
</tr>
<tr>
<td>6/22-6/29/17</td>
<td>Case Management</td>
<td>Hospital does not return calls to case management to arrange f-up care</td>
</tr>
<tr>
<td>7/19/17</td>
<td>Change to Forensic CM</td>
<td>Forensic case management working with APO to find housing, dual MH &amp; D/A treatment</td>
</tr>
<tr>
<td>7/22/17</td>
<td>Police; Crisis; ER</td>
<td>Police called – loitering at bus station; Crisis called; offered choice of arrest or Psych ER chooses ER – not admitted</td>
</tr>
<tr>
<td>7/27-7/31/17</td>
<td>Police; Jail</td>
<td>On Hold for public drunkenness-taken to jail</td>
</tr>
<tr>
<td>8/2/17-8/23/17</td>
<td>APO; Case Management</td>
<td>Unable to locate – 8/23/17 APO prepares warrant for arrest</td>
</tr>
</tbody>
</table>
HIGH UTILIZER CASE STUDY
Berks County PA, 414,812

About

<table>
<thead>
<tr>
<th>Gender</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>33</td>
</tr>
<tr>
<td>Ethnicity</td>
<td>Other</td>
</tr>
</tbody>
</table>

TOTAL CONTACTS IN THE LAST 365 DAYS

<table>
<thead>
<tr>
<th>Date</th>
<th>System</th>
<th>Interaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/10/17</td>
<td>Crisis; PD</td>
<td>N.B. Police Dept. called to residence – call Crisis to diffuse situation – paranoid</td>
</tr>
<tr>
<td>3/10/17</td>
<td>Crisis; PD; EMS; ER</td>
<td>S.P.D. called re Domestic Violence event; crisis and EMS called for ER</td>
</tr>
<tr>
<td>3/11-3/12/17</td>
<td>Crisis; PD; EMS</td>
<td>Involuntary Commitment in ER; transport to BH Hospital</td>
</tr>
<tr>
<td>3/12 – 3/15/17</td>
<td>BH Hospital</td>
<td>Inpatient stay for 4 days with D/C to outpatient follow-up</td>
</tr>
<tr>
<td>4/10/17</td>
<td>Crisis; EMS; ER; Officers/Several PDs</td>
<td>Delusional, threatening wife; EMS to Psych ER; Involuntary Commit to BH Hospital</td>
</tr>
<tr>
<td>4/27/17</td>
<td>2 PDs; ER</td>
<td>Threatening Girlfriend; taken to ER by Officers for evaluation</td>
</tr>
<tr>
<td>4/28 – 5/6/17</td>
<td>Jail</td>
<td>DUI; Assault</td>
</tr>
<tr>
<td>6/2/17</td>
<td>Crisis</td>
<td>Family concerned with threats PFA suggested and initially declined</td>
</tr>
<tr>
<td>6/8/17</td>
<td>Crisis; PD</td>
<td>Punched hole in Mom’s cabinets; broke neighbor’s property</td>
</tr>
<tr>
<td>6/11/17</td>
<td>Crisis; PD; ER; EMS; Hospital</td>
<td>Hallucinations -family afraid; call to PD and Crisis; PFA completed; Involuntary Commit to BH Hospital</td>
</tr>
<tr>
<td>6/12 – 6/23/17</td>
<td>Crisis; PD; ER; EMS; Hospital</td>
<td></td>
</tr>
<tr>
<td>7/9/17 to present</td>
<td>Jail</td>
<td>DUI; Violation of Parole; Criminal Mischief; Defiant Trespass</td>
</tr>
</tbody>
</table>

Unknown | Homeless Services | Behavioral Health | Other.... |
Data Driven Justice Initiative

Action Required:
- Identify a data sharing technology plan utilizing the Open Lattice platform
- Create top consumer reports for each system
- Capture and share cost information for top consumers
- Document and track success by intercept
- Evaluate cost vs. success factors to identify areas for improvement
Consider joining over 400 counties in signing the Stepping Up Pledge

Thank You!